



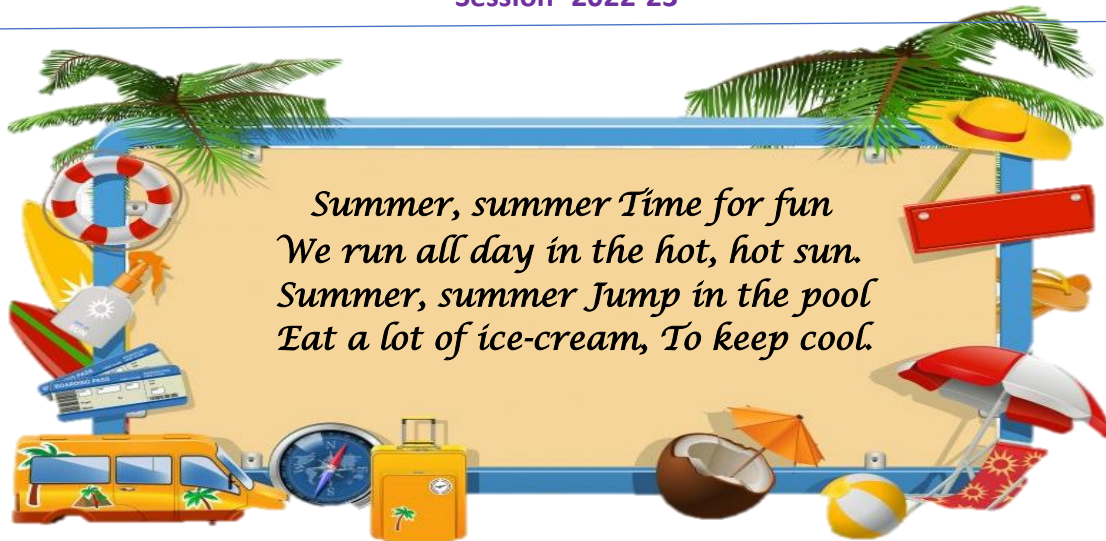
BCM SCHOOL

A Senior Secondary School of BCM Foundation, Affiliated to CBSE, New Delhi
Urban Estate, Sector 32-A, Chandigarh Road, Ludhiana



Class- Nursery

Session- 2022-23



*Summer, summer Time for fun
We run all day in the hot, hot sun.
Summer, summer Jump in the pool
Eat a lot of ice-cream, To keep cool.*

Dear Parents

Greetings for the day!

Summer vacation brings a change and excitement for children. It gives you an opportunity to develop an everlasting bond and to spend your precious time with your kids. To utilize their time with constructive and creative activities that would help the children to learn new concept and revise the previous ones, here are some tips for the parents to engage their kids regularly:

- Children love listening stories, read stories aloud to them regularly. Help the children to talk about pictures.*
 - Encourage your child in the following activities for enhancement of fine motor skills-Colouring/playing with clay or dough/sorting of pulses or beads/scribbling on Newspaper.*
 - Encourage your child to use magic words -Thank You, Sorry, Please and Excuse me.*
 - Wake up early as sun rises. Love nature and nature will love you back. Keep a bowl of water outside in the balcony for birds to drink water.*
 - Encourage your child to converse in English.*
- ❖ Summer vacations will commence from June 1, 2022 to July 10,2022 (Both days inclusive)*

We wish you and your family happy and safe summer holidays.

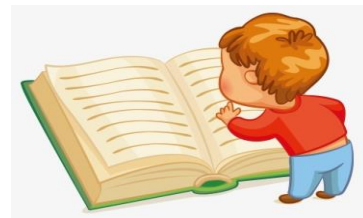
Regards

BCM Kindergarten Team



➤ *Activities for Pincer Grip: -*

1. Make small balls from clay or dough.
2. Clip a paper.
3. Flipping the pages of books.
4. Buttoning and unbuttoning of his/her shirt.



➤ *Let's converse in English*

1. How are you? I am fine, Thank you.
2. I am thirsty, please give me water.
3. I am hungry, please give me food/fruit.
4. I have finished my work/food.
5. Please open/close my bottle/tiffin/bag.
6. Please switch on/off the light/fan.

Fine Motor Skills



Mashing Potatoes Rolling Chapattis Squeezing bath sponge. Sheeling out peas.

➤ *Social Skills*

- Touch your elder's feet daily.
- Wash your hands daily, before and after every meal.
- Help your mother in her work.
- Learn to fold your handkerchief/ table mat.
- Learn to open/close your Tiffin/Bag.
- Arrange your toy self.
- Learn basic etiquette of washroom

➤ *Health and Hygiene*

"Healthy mind resides in a healthy body".
Start your day With **Gayatri Mantra** three times daily and set a routine even during vacations.
Encourage your child to take care of personal hygiene by inculcating the habits like washing hands, practicing yoga, eating healthy food, drink lots of water etc.



➤ Get Close to Nature (Environment Day on June 5, 2022)

Engage your child in activities like watering and caring for plants to infuse gardening skills. Gift a small plant to your kid and guide your kid to take care of that plant e. g. watering it daily.

- Discuss with your child about the importance of plants.
- Show him/her the different parts of plants.



Father's Day

My Special day with Dad

(Sunday June 19, 2022)

My Dad is so special, he is strong and smart.
That is why I love him so with all my little heart!
Happy Father's Day



• Activity -

Child will do Ramp Walk with Dad and take a selfie with dad.
(Activity mandatory for all the students.)

Kindly Note: Share the Candid shots of your ward on June 19, 2022 between 11:00 a.m. to 12:00 noon with the Class facilitator.



International Yoga Day (June 21, 2022)

"Yoga at Home and Yoga with Family."

• Activity on Yoga Day.

Mountain Pose

Adhomukha Asana

Bhujangasana



Kindly Note: Share the candid shots of Yoga Asanas with the class facilitator on June 21, 2022 between 11:00 a.m. to 12:00 noon.

Oratory & Writing Skill

- Pointing /holding and touching the objects describes the things.

• Instruct your child to do practice of each alphabet and digit done in the previous months

- Do page no

10,12,14,17,19,23,26,28,35,36,37,38,40,42,48,52,53,55,56, & 75 in Mathematics book.



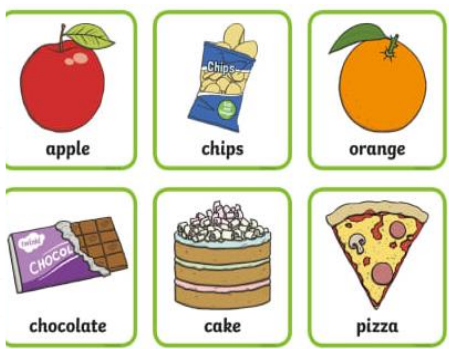
➤ Role Play

- Emulate doctor's role by wearing stethoscopes, prescribing medicines and treating other members of your family. You can use doctor set.



- Role play of your favourite superhero character use props accordingly and also discuss about your real-life superhero.

Choose any one role and make a video clip of the performance and share it with class facilitator.



• Project Work

Learning through flash cards is fun ,flash cards are effective memory aid tools that can help students learn quickly.

Kindly Note - Prepare **any five** flash cards by pasting pictures of following topics :-

Animals, Shapes ,Birds ,Fruits ,Vegetables ,Means of Transport ,Games and National Symbols.

The size of the flash card should be 8'x 8".

➤ *Submission of Project work by July 16, 2022.*

